

# 2023 Health Plan Benefits at a Glance

Humana Honor (Regional PPO) R1390-003 North Carolina and Virginia

Plan Costs	With Medicare Only
Monthly plan premium	\$0
Medicare Part B premium reduction	Your plan will reduce your Monthly Part B premium by up to \$64.
Annual out-of-pocket maximum	\$7,550 in-network \$10,000 combined out-of-network

	With Medicare only In-Network	With Medicare only Out-of-Network
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## Doctor Office Visits

Primary care provider (PCP)	\$0 copay	50% of the cost
Specialist	\$40 copay	50% of the cost

## Preventive Care

Including: Medicare covered screenings	Covered at no cost when you see an in-network provider	Many preventive screenings covered at no cost when you see an in-network provider.
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## Telehealth Services (in addition to Original Medicare)

Primary care provider (PCP)	\$0 copay	Not covered
Specialist	\$40 copay	Not covered
Urgent care services	\$0 copay	Not covered
Substance abuse or behavioral health services	\$0 copay	Not covered

## Inpatient Care

Acute inpatient hospital care	\$395 copay per day for days 1-5 \$0 copay per day for days 6-90	50% of the cost
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## Lab Services

Lab tests from lab facility	\$0 copay	50% of the cost
Lab tests from outpatient hospital facility	\$50 copay	50% of the cost

## Outpatient Care

Outpatient surgery at ambulatory surgical center	\$345 copay	50% of the cost
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## Outpatient Care (continued)

Physical therapy at therapy facility	\$10 copay	50% of the cost
X-rays at outpatient hospital facility	\$100 copay	50% of the cost
Diagnostic testing at outpatient hospital facility	\$90 copay	50% of the cost

## Mental Health Services

Inpatient psychiatric hospital Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital.	\$395 copay per day for days 1-4 \$0 copay per day for days 5-90	50% of the cost
Specialist's office	\$40 copay	50% of the cost
Outpatient hospital	\$90 copay	50% of the cost
Partial hospitalization	\$40 copay	50% of the cost

## Emergency Services

Urgently needed services at an urgent care center	\$20 copay	\$20 copay
Ambulance services	\$300 copay per date of service	\$300 copay per date of service
Emergency room	\$95 copay	\$95 copay

## Additional Benefits & Programs

Routine dental services DEN088	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.	
Routine vision services VIS711	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.	
Routine hearing services HER941	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.	
Over-the-Counter (OTC) Allowance	<b>\$75</b> maximum benefit coverage amount per quarter (3 months) for over-the-counter (OTC) prepaid card to purchase eligible OTC health and wellness products at participating retailers. Unused amount expires at the end of the quarter. Allowance is available on the Humana Spending Account Card.	
Transportation services	<b>\$0</b> copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 150 miles per trip.	

## Additional Benefits & Programs (continued)

SilverSneakers® fitness program	Included
Special Supplemental Benefits for the Chronically Ill (SSBCI) Worry Free™ Meals	Included for members diagnosed with Chronic Obstructive Pulmonary Disease (COPD), Diabetes, Congestive Heart Failure (CHF), or Depression, participating with care management services, and who meet program criteria. Please refer to the Summary of Benefits for additional details.
Humana Well Dine® Meal Program	Included

If you have questions and are a Humana member, please contact Customer Care at 1-800-457-4708 (TTY: 711). If you are not currently a Humana member, please contact a licensed Humana sales agent at 1-844-775-9622 (TTY: 711), 8 a.m. - 8 p.m. seven days a week from Oct. 1, 2022 - Mar. 31, 2023 and Monday through Friday the rest of the year.

Humana is a Medicare Advantage PPO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

Out-of-network/non-contracted providers are under no obligation to treat Humana members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Allowance amounts cannot be combined with other benefit allowances. Limitations and restrictions may apply.





Get all your health plan details at  
**[Humana.com/Benefits](https://www.humana.com/benefits)**



## Important

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### At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

- The following department has been designated to handle inquiries regarding Humana's non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**.

### Auxiliary aids and services, free of charge, are available to you.

**877-320-1235 (TTY: 711)**

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

**This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m. Eastern time.**

**Español (Spanish):** Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

**繁體中文 (Chinese):** 本資訊也有其他語言版本可供免費索取。請致電客戶服務部：**877-320-1235 (聽障專線：711)**。辦公時間：東部時間上午 8 時至晚上 8 時。