

# 2024 Health Plan Benefits at a Glance

Humana Gold Plus H1036-233 (HMO-POS) Triangle Perimeter

Plan Costs	With Medicare Only	With Medicare & State Cost-Share Protection
Monthly plan premium	\$0	\$0
Annual out-of-pocket maximum	\$5,400 in-network	\$5,400 in-network  If you are eligible for Medicare cost-sharing assistance under your state's Medicaid program, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.
In-Network With Medicare only    In-Network With Medicare & State Cost-Share Protection		
Doctor Office Visits		
Primary care provider (PCP)	\$0 copay	\$0 copay
Specialist	\$35 copay	\$0 copay
Preventive Care		
Including: Medicare covered screenings	Covered at no cost when you see an in-network provider	\$0 copay
Telehealth Services (in addition to Original Medicare)		
Primary care provider (PCP)	\$0 copay	\$0 copay
Specialist	\$35 copay	\$0 copay
Urgent care services	\$50 copay	\$0 copay
Substance abuse or behavioral health services	\$0 copay	\$0 copay
Inpatient Care		
Acute inpatient hospital care	\$335 copay per day for days 1-7 \$0 copay per day for days 8-90	\$0 copay
Lab Services		
Lab tests from lab facility	\$0 copay	\$0 copay

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**Lab Services (continued)**

Lab tests from outpatient hospital facility	\$50 copay	\$0 copay
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**Outpatient Care**

Outpatient surgery at ambulatory surgical center	\$325 copay	\$0 copay
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Physical therapy at therapy facility	\$25 copay	\$0 copay
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X-rays at outpatient hospital facility	\$125 copay	\$0 copay
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Diagnostic testing at outpatient hospital facility	\$75 copay	\$0 copay
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**Mental Health Services**

Inpatient psychiatric hospital	\$335 copay per day for days 1-6 \$0 copay per day for days 7-90	\$0 copay
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Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital.

Specialist's office	\$50 copay	\$0 copay
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Outpatient hospital	\$100 copay	\$0 copay
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Partial hospitalization	\$85 copay	\$0 copay
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**Emergency Services**

Urgently needed services at an urgent care center	\$50 copay	\$0 copay
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Ambulance services	\$300 copay per date of service	\$0 copay
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Emergency room	\$120 copay	\$0 copay
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## Additional Benefits & Programs

Healthy Options Allowance	<p>Members diagnosed with a chronic health condition may receive a <b>\$50</b> monthly allowance on a prepaid card to use for essentials you need to support your health.</p> <p>This allowance can be used to buy approved products from participating retail locations (like groceries, personal care items, home supplies, etc.) or pay for approved services (monthly living expenses like rent, non-medical transportation costs like a taxi, Uber, Lyft, etc.).</p> <p>Allowance amount cannot be combined with other allowances which may be on the Card.</p> <p>Unused amount rolls over to the next month and expires at the end of the plan year.</p>
Mandatory supplemental dental benefit DEN080	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.
Mandatory supplemental vision benefit VIS733	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.
Mandatory supplemental hearing benefit HER937	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.
HMO travel benefit	Included
Transportation	<b>\$0</b> copay for plan approved location up to 36 one-way trip(s) per year. This benefit is not to exceed 150 miles per trip.
NationsMarket® Fresh, Prepared meal program	Included
SilverSneakers® fitness program	Included



# 2024 Prescription Drug Benefits at a Glance

Humana Gold Plus H1036-233 (HMO-POS) Triangle Perimeter

## Plan Highlights

<b>\$0 copays</b>	<b>\$0</b> copays at select pharmacy locations and tiers. Additional details below.
<b>Deductible</b>	<b>\$0</b> Deductible
<b>Insulin costs</b>	You won't pay more than <b>\$35</b> for a one-month (up to 30-day) supply of each insulin product covered by your plan
<b>Additional gap coverage</b>	Additional gap coverage for the following: Insulin
<b>\$0 vaccines</b>	<b>\$0</b> copay for adult Part D covered vaccines recommended by the Advisory Committee on Immunization Practices (ACIP)


## Deductible

This plan has a **\$0** deductible.

## Initial Coverage

You pay the following until your total yearly drug costs for covered drugs reach **\$5,030**. Total yearly drug costs are the total drug costs paid by both you and our plan. Once you reach this amount, you will enter the Coverage Gap.

## Pharmacy Cost-Sharing

 <p>Get more value with cost-share options in bold</p>	<b>Retail Cost-Sharing</b> Includes all in-network retail pharmacies	<b>Standard Mail-Order Cost-Sharing</b>	<b>Preferred Mail-Order Cost-Sharing</b> CenterWell Pharmacy™

Day Supply	30-day	90-day*	30-day	90-day*	30-day	90-day*
<b>Tier 1: Preferred Generic</b>	\$0	\$0	\$10	\$30	\$0	<b>\$0</b>
<b>Tier 2: Generic</b>	\$0	\$0	\$20	\$60	\$0	<b>\$0</b>
<b>Tier 3: Preferred Brand</b>	\$47	\$141	\$47	\$141	\$47	<b>\$131</b>
<b>Tier 4: Non-Preferred Drug</b>	\$97	\$291	\$100	\$300	\$97	<b>\$281</b>
<b>Tier 5: Specialty Tier</b>	33%	N/A	33%	N/A	33%	N/A

Other pharmacies are available in our network. To find which pharmacies are available in your network, go to [Humana.com/pharmacyfinder](https://www.humana.com/pharmacyfinder).

\*Some drugs are limited to a 30-day supply.

Once your total yearly drug costs—what is paid both by you and our plan—reach **\$5,030**, the costs of your drugs may go up. Please refer to the Summary of Benefits for more information.

You can get more out of your plan by doing the following:

- **Stay in-network.** You may pay less for your drugs at in-network pharmacies.
- **Consider using your preferred mail order cost-sharing pharmacies.** They typically offer a lower cost-share than standard mail order cost-sharing pharmacies for most drugs (your cost-share for specialty drugs is the same at any in-network pharmacy).
- **Get a 90-day supply of many of the drugs you take all of the time.** You'll get more and may pay less, especially when you fill at a preferred cost-sharing mail order pharmacy.

You won't pay more than **\$35** for a one-month (up to 30-day) supply of each plan-covered insulin product regardless of cost-sharing tier.

## "Extra Help"

If you receive "Extra Help" for your drugs you will have a **\$0** deductible.

Prior to reaching your annual **\$8,000** out-of-pocket limit you will pay one of the following depending on your level of "Extra Help:"

- **\$4.50** for generic/preferred multi-source drug or biosimilar; **\$11.20** for any other drug; OR
- **\$1.55** for generic/preferred multi-source drug or biosimilar; **\$4.60** for any other drug; OR
- **\$0** for all drugs

After reaching your annual **\$8,000** out-of-pocket limit, you will pay **\$0** for the remainder of the calendar year, regardless of the level of "Extra Help" you receive. Additional information will be available on your LIS rider.

If you have questions and are a Humana member, please contact Customer Care at 1-800-457-4708 (TTY: 711).

If you are not currently a Humana member, please contact a licensed Humana sales agent at 1-844-775-9622 (TTY: 711), 8 a.m. to 8 p.m. seven days a week from Oct. 1, 2023 – Mar. 31, 2024 and Monday - Friday the rest of the year.

Humana is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth. Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your Evidence of Coverage for additional details on what your plan may cover or other rules that may apply.

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Allowance amounts cannot be combined with other benefit allowances. Limitations and restrictions may apply.

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Get all your health plan details at  
**[Humana.com/Benefits](https://www.humana.com/benefits)**



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## At Humana, it is important you are treated fairly.

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- The following department has been designated to handle inquiries regarding Humana's non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**.

## Auxiliary aids and services, free of charge, are available to you.

**877-320-1235 (TTY: 711)**

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

**This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m. Eastern time.**

**Español (Spanish):** Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

**繁體中文 (Chinese):** 本資訊也有其他語言版本可供免費索取。請致電客戶服務部：**877-320-1235 (聽障專線：711)**。辦公時間：東部時間上午 8 時至晚上 8 時。