## 2024 Summary of Benefits

Aetna Medicare Premier Plan（PPO）
H5521－254

Here＇s a summary of the services we cover from January 1， 2024 through December 31， 2024. Keep in mind：This is just a summary．Need a complete list of what we cover and any limitations？ Just visit AetnaMedicare．com／H5521－254 where you＇ll find the plan＇s Evidence of Coverage （EOC）．You may call us to request a copy．

## We＇re here to help

You may have questions as you read through this information．And that＇s OK－we＇re here to help．

## Not a member yet？

Call 1－833－859－6031（TTY：711）
October 1－March 31： 8 AM to 8 PM， 7 days a week
April 1－September 30： 8 AM to 8 PM， Monday－Friday
An Aetna ${ }^{\circledR}$ team member will answer your call．

## Already a member？

Call 1－833－570－6670（TTY：711）
8 AM to 8 PM， 7 days a week
An Aetna team member will answer your call．

## Are you eligible to enroll?

## To join Aetna Medicare Premier Plan (PPO), you must:

- Be entitled to Medicare Part A
- Have Medicare Part B
- Live in the plan's service area, which includes the following counties:

Tennessee: Bedford, Clay, Coffee, Cumberland, DeKalb, Dickson, Fentress, Franklin, Giles, Grundy, Houston, Humphreys, Jackson, Lawrence, Lewis, Lincoln, Macon, Marshall, Maury, Montgomery, Moore, Overton, Perry, Pickett, Putnam, Smith, Stewart, Sumner, Van Buren, Warren, Wayne, White, Wilson

## What you should know

- Plan type: Aetna Medicare Premier Plan (PPO) is a PPO plan. This is a Medicare Advantage plan that covers prescription drugs. You can use in-network and out-of-network providers. You will typically pay more for out-of-network care.
- Primary Care Physician (PCP): You have the option to choose a PCP. We recommend choosing a PCP because when we know who your doctor is we can better support your care.
- Referrals: Aetna Medicare Premier Plan (PPO) doesn't require a referral from a PCP to see a specialist. Keep in mind, some providers may require a recommendation or treatment plan from your doctor in order to see you.
- Prior authorizations: Your provider will work with us to get approval before you receive certain services or drugs.
- Contact information: To get more information about some benefits, please see the Contact quick reference chart at the end of this document.
- Provider directory: View your provider directory at AetnaMedicare.com/H5521-254.


## Plan premium, deductible, and maximum out-of-pocket (MOOP) <br> 

| Out-of-pocket costs |  |
| :--- | :--- |
| Monthly premium | $\$ 0$ |
|  | You must continue to pay your Medicare Part B premium. |
| Plan deductible | $\$ 0$ |
| MOOP | $\$ 6,350$ for in-network services |
|  | $\$ 7,350$ for in- and out-of-network services combined |
|  | Once you reach the maximum out-of-pocket, our plan pays <br>  <br>  <br>  <br>  <br>  <br> prescription drug costs don't count toward your MOOP. |
|  |  |

## Medical and hospital benefits



Hospital coverage
Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Inpatient (unlimited <br> number of days) | \$375 per day, days 1-6; \$0 per day, <br> days 7-90; \$0 for additional days | \$475 per day, days 1-6; \$0 per day, <br> days 7-90; \$0 for additional days |
| Outpatient hospital <br> observation services | \$375 per stay | $\$ 475$ per stay |
| Outpatient hospital | \$35-\$375 | $\$ 475$ |
| \$35 for outpatient hospital services <br> other than surgery <br> \$375 for each outpatient hospital <br> surgery |  |  |
| Ambulatory surgical <br> center | $\$ 275$ | $\$ 375$ |


|  | Doctor visits |  |
| :--- | :--- | :--- |



Diagnostic services, labs, imaging
Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- | :--- |
| Diagnostic tests and <br> procedures | \$0-\$75 <br> \$0 for services provided by your <br> primary care physician in their office <br> \$75 for services performed by a <br> provider other than your primary <br> care physician | $20 \%$ |
| Lab services | \$0 | $20 \%$ |
| Diagnostic radiology <br> services, such as MRI | \$0 - \$120 <br> \$0 for services provided by your <br> primary care physician in their office <br> \$120 for services performed by a <br> provider other than your primary <br> care physician | $20 \%$ |
| \$14 | Outpatient x-rays | \$14 |


| Hearing services | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Benefit <br> Diagnostic hearing <br> exam | $\$ 35$ | $\$ 45$ |
| Routine hearing exam | \$0 <br> You get one routine hearing exam every year. You can visit a provider in the <br> NationsHearing network, or an out-of-network provider. |  |
| Hearing aids | You get an annual benefit amount <br> (allowance) up to a maximum <br> amount of $\$ 1,250$ per ear, every year. <br> This benefit amount can only be used <br> to purchase hearing aids through a <br> NationsHearing network provider. If <br> the cost is over the benefit amount, <br> you pay the difference. |  |


| Benefit | Your in-network costs | Your out-of-network costs |
| :---: | :---: | :---: |
| Dental services | \$0 for preventive services including oral exams, bitewing x-rays and cleanings <br> \$O for comprehensive services including things like fillings, extractions, crowns, root canals, dentures, and implants <br> $\$ 2,200$ annual benefit amount (allow be paid for covered preventive and c are responsible for any costs over thi Dental PPO Network, which is differe use a provider in or out of the Aetna D in-network providers agree to bill us provider and then submit a reimburse money. To find a provider and learn AetnaMedicare.com/H5521-254 | 20\% for preventive services including oral exams, bitewing x-rays and cleanings 20\% for comprehensive services including things like fillings, extractions, crowns, root canals, dentures, and implants <br> nce). This is the total amount that will mprehensive services combined. You amount. This benefit uses the Aetna from your medical network. You can ental PPO Network. However, irectly so you won't have to pay the ment request - and you may save ore about this benefit visit |



## Vision services

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Diagnostic eye exam <br> (includes diabetic eye <br> exams) | $\$ 0-\$ 35$ <br> \$0 for diabetic eye exams <br> $\$ 35$ for all other Medicare-covered <br> eye exams | $\$ 45$ |
| Glaucoma screening | $\$ 0$ | $20 \%$ |
| Routine eye exam | $\$ 0$ | $\$ 45$ |
| Contacts and <br> eyeglasses | You get a vision eyewear benefit amount (allowance) up to \$210 every year <br> for covered prescription eyewear. This eyewear benefit is set up as a yearly <br> direct member reimbursement (DMR). You can use your benefit amount at <br> any licensed vision provider in the U.S. However, if you see an EyeMed <br> provider, they may provide a discount and automatically apply your benefit <br> amount so you won't have to submit for reimbursement. If you see a <br> provider outside of the network, you will have to pay at the time of service <br> and then submit for reimbursement. |  |



## Mental health services

Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Inpatient psychiatric <br> hospital stay | \$270 per day, days 1-8; \$0 per day, <br> days 9-90 | 20\% per stay |
| Outpatient mental <br> health therapy | $\$ 40$ | $20 \%$ |
| Outpatient psychiatric <br> therapy | $\$ 40$ | $20 \%$ |


|  | Skilled nursing facility (SNF) and therapy <br> Your doctor often needs approval from us before we cover these services. This is <br> called prior authorization or pre-certification. Note: Members must meet the Centers <br> for Medicare \& Medicaid Services (CMS) criteria for medically necessary skilled care <br> to be covered. |
| :--- | :--- |
| Your in-network costs | Your out-of-network costs |



Ambulance and routine transportation
Your doctor often needs approval from us before we cover non-emergency air ambulance. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Ambulance <br> (ground or air, <br> one-way trip) | $\$ 275$ | $\$ 275$ |
| Routine, <br> non-emergency <br> transportation | Not Covered | Not Covered |

Medicare Part B drugs
Medicare Part B only covers certain medicines for certain conditions. These
medicines are often given to you in your doctor's office. They can include things like
vaccines, injections, and nebulizers, among others. They can also include medicines
you take at home using special medical equipment. Your doctor often needs approval
from us before we cover these services. This is called prior authorization or

pre-certification. $\quad$| Your in-network costs |
| :--- |$\quad$ Your out-of-network costs

## Medicare Part D drugs



Medicare Part D covers a wide range of prescription drugs. They can include medicines you take every day for conditions like high blood pressure or diabetes.

## Prescription drugs (Your costs may be lower if you qualify for Extra Help)

Formulary name B2: Some drugs require prior authorization. This means you must get approval from us first before we'll cover it.

## Deductible phase

You'll pay the plan's negotiated drug cost up to the deductible limit.
This plan doesn't have a deductible, so your coverage
begins at the Initial coverage phase.

## Initial coverage phase

The plan will pay its share of the cost and you'll pay a copayment or coinsurance (your share of the cost) for each prescription filled until your total drug costs reach $\$ 5,030$. You pay the copay listed below or the cost of the drug, whichever is lower. These cost shares may also apply to home infusion drugs when obtained through your Part D benefit.

## One-month Supply

Your share of the cost when you get a one-month supply of a covered Part D prescription drug:

|  | Preferred <br> Retail | Standard <br> Retail | Preferred <br> Mail | Standard <br> Mail | Standard <br> Long-Term <br> Care (LTC) |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | 30-day | 30-day | 30-day | 30-day | 31-day |
| Tier 1: Preferred Generic | $\$ 0$ | $\$ 5$ | $\$ 0$ | $\$ 5$ | $\$ 5$ |
| Tier 2: Generic | $\$ 0$ | $\$ 10$ | $\$ 0$ | $\$ 10$ | $\$ 10$ |
| Tier 3: Preferred Brand | $\$ 47$ | $\$ 47$ | $\$ 47$ | $\$ 47$ | $\$ 47$ |
| Tier 4: Non-Preferred Drug | $\$ 100$ | $\$ 100$ | $\$ 100$ | $\$ 100$ | $\$ 100$ |
| Tier 5: Specialty | $33 \%$ | $33 \%$ | $33 \%$ | $33 \%$ | $33 \%$ |

Long-term Supply
Your share of the cost when you get a long-term supply of a covered Part D prescription drug:

|  | Preferred <br> Retail <br> 100-day | Standard <br> Retail <br> 100-day | Preferred <br> Mail <br> 100-day | Standard <br> Mail <br> 100-day |
| :--- | :---: | :---: | :---: | :---: |
| Tier 1: Preferred Generic | $\$ 0$ | $\$ 15$ | $\$ 0$ | $\$ 15$ |
| Tier 2: Generic | $\$ 0$ | $\$ 30$ | $\$ 0$ | $\$ 30$ |
| Tier 3: Preferred Brand | $\$ 141$ | $\$ 141$ | $\$ 141$ | $\$ 141$ |
| Tier 4: Non-Preferred Drug | $\$ 300$ | $\$ 300$ | $\$ 300$ | $\$ 300$ |



Check your formulary guide for a list of covered insulins and vaccines

## Other covered benefits



Complementary and alternative medicine (CAM)
Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Acupuncture | \$35 for Medicare-covered care | \$45 for Medicare-covered care |
| Medicare coverage is limited to services to treat chronic low back pain. |  |  |
| Routine acupuncture care isn't covered. |  |  |



## Diabetic supplies

We cover blood glucose monitors and diabetic test strips from OneTouch ${ }^{\circledR} /$ LifeScan.
Keep in mind: You'll pay more for other brands.
Your doctor may need approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :---: | :---: | :---: |
| Diabetic supplies | 0\% - 20\% | 0\% - 20\% |
|  | 0\% for OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices 20\% for non-OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices (prior authorization may be required) | 0\% for OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices 20\% for non-OneTouch/LifeScan supplies, including test strips, glucose monitors, solutions, lancets and lancing devices (prior authorization may be required) |

## Fitness program

Benefit
Physical fitness

## Your costs in our plan

\$0
You're eligible for a basic membership at SilverSneakers participating facilities. If you prefer to exercise at home, you can also access online classes or get an at-home fitness kit. This membership also includes classes and workshops taught by instructors trained in senior fitness, workout videos, a mobile app, and online fitness nutrition tips. You will also have access to online enrichment classes to support your health and wellness, as well as your mental fitness.

Fitness allowance: You also get a direct member reimbursement (DMR) allowance of $\$ 360$ per year. You can be reimbursed toward:

- Fees paid for aerobic/fitness activities or membership fees to a qualified fitness club that does not participate with SilverSneakers.
- Activity fees such as pickleball fees, golf green fees, ski/lift passes and fees, National and State park fees, bowling, yoga, stretching, dance classes, and fees associated with extra features at SilverSneakers facilities.
- Activity supplies such as camping tents, hiking poles, and fishing rods.
- Weights and fitness supplies such as exercise peddlers, yoga mats, exercise bands.
- Wearable items such as athletic shoes and tracking devices.

This is a direct member fitness reimbursement (DMR) benefit. That means you pay up front for qualified fitness services/activities and submit for reimbursement.

Foot care (podiatry services)

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Foot exams and <br> treatment | \$35 for Medicare-covered care | $\$ 45$ for Medicare-covered care |



## Home care and support

Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Home health care | \$0 | $20 \%$ |
| Meals | $\$ 0$ | Our plan covers up to 14 meals over 7 days after you're discharged from an <br> Inpatient Acute Hospital, Inpatient Psychiatric Hospital or Skilled Nursing <br> Facility. Upon discharge, you'll be contacted by NationsMarket to schedule <br> delivery. |



## Medical equipment and supplies

Your doctor often needs approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Durable medical <br> equipment (DME), like <br> CPAP* machines, | $20 \%$ | $20 \%$ |
| wheelchairs and <br> oxygen |  |  |
| Prosthetics, such as <br> braces and artificial <br> limbs | $20 \%$ | $20 \%$ |

*CPAP stands for "continuous positive airway pressure."

## Over-the-counter (ОTC) benefit

You will receive a $\$ 105$ benefit amount (allowance) each quarter to purchase approved over-the-counter (OTC) health and wellness items like first aid supplies, cold and allergy medicine, pain relievers, COVID-19 tests, and more. The \$105 benefit amount is available the first day of each calendar quarter. Calendar quarters begin in January, April, July, October. Be sure to use the full benefit amount each calendar quarter, because any unused amount will not roll over into the next calendar quarter.

We have partnered with OTC Health Solutions (OTCHS) to provide this benefit. The benefit amount is not connected to a payment or debit card. You will use your Aetna Medicare Premier Plan (PPO) member ID to confirm benefit eligibility, confirm available benefit amount, and make purchases. You can purchase approved products online, by phone or in CVS stores. For details view the OTCHS catalog at AetnaMedicare.com/H5521-254.

## Benefit

OTC \$105 quarterly


## Resources For Living ${ }^{\circledR}$

## Benefit

Resources For Living Resources For Living helps connect you to resources in your community such as senior housing, adult daycare, meal subsidies, community activities and more.


## Substance abuse

Your doctor may need approval from us before we cover these services. This is called prior authorization or pre-certification.

| Benefit | Your in-network costs | Your out-of-network costs |
| :--- | :--- | :--- |
| Outpatient substance <br> abuse therapy | $\$ 40$ | $20 \%$ |

## Visitor/travel benefit

Plan rules continue to apply. Prior authorizations are required for certain services.

## Benefit

Visitor/travel program: Explorer

Allows you to remain in your plan for up to 12 months when you are outside our plan's service area.

You can see an Aetna Medicare participating provider anywhere in the United States who accepts PPO members and pay in-network cost shares. Not all providers participate in the multi-state network. You also have the option of seeing a non-participating provider and paying the out-of-network cost for the visit. Contact us for help finding a participating provider in the area you're traveling to.

24-Hour Nurse Line
Talk to a registered nurse anytime, day or night.

| Benefit | Your costs in our plan |
| :--- | :--- |
| Nurse Line | $\$ 0$ |

## Contact quick reference

| Contact name | Phone number (TTY: 711) | Website |
| :---: | :---: | :---: |
| Aetna: Before you enroll | 1-833-859-6031 | AetnaMedicare.com |
| Aetna: After you enroll | Member Services: $1-833-570-6670$ | AetnaMedicare.com/H5521-254 |
| Your agent/broker (use this space to write down your agent/broker's phone number) |  |  |
| Find a network doctor, hospital, or pharmacy | 1-833-570-6670 | AetnaMedicare.com/findprovider |
| 24-Hour Nurse Line | 1-855-493-7019 | Please call |
| Aetna (dental) | 1-833-570-6670 | AetnaMedicare.com/dental |
| EyeMed (vision) | 1-844-486-3485 (TTY: 711) | AetnaMedicareVision.com |
| NationsHearing | 1-877-225-0137 (TTY: 711 for the hearing and speech impaired) | Aetna.NationsBenefits.com/Hearing |
| OneTouch/LifeScan | 1-877-764-5390 Brochure code: 123AET200 | OneTouch.orderpoints.com |
| Over-the-counter (OTC) benefit | 1-833-331-1573 (TTY: 711) | cvs.com/otchs/myorder |
| SilverSneakers | $\begin{aligned} & \text { 1-888-423-4632 } \\ & \text { (TTY/TDD: } 711 \text { ) } \end{aligned}$ | SilverSneakers.com |

Aetna, CVS Pharmacy ${ }^{\circledR}$ and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health family of companies.

Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our D-SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our member services number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

The formulary and/or pharmacy network may change at any time. You will receive notice when necessary.

The Aetna Medicare pharmacy network includes limited lower cost, preferred pharmacies in: Suburban Arizona, Suburban Illinois, Urban Kansas, Rural Michigan, Urban Michigan, Urban Missouri, Rural North Dakota and Suburban West Virginia. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether there are any lower-cost preferred pharmacies in your area, members please call the number on your ID card, non-members please call 1-833-859-6031 (TTY: 711) or consult the online pharmacy directory at AetnaMedicare.com/findpharmacy.

For mail order, you can get prescription drugs shipped to your home through the network mail-order delivery program. Typically, mail-order drugs arrive within 10 days. You can call 1-833-570-6670 (TTY: 711) 8 AM to 8 PM, 7 days a week if you do not receive your mail-order drugs within this timeframe. Members may have the option to sign up for automated mail-order delivery.

Participating health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

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To send a complaint to Aetna, call the Plan or the number on your member ID card. To send a complaint to Medicare, call 1-800-MEDICARE (TTY users should call 1-877-486-2048), 24 hours a day/7 days a week. If your complaint involves a broker or agent, be sure to include the name of the person when filing your grievance.

Resources For Living is the brand name used for products and services offered through the Aetna group of subsidiary companies.
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## Pre-enrollment checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-833-859-6031 (TTY: 711). From October 1 to March 31, you can call us 7 days a week from 8 AM to 8 PM local time. From April 1 to September 30, we're here Monday through Friday from 8 AM to 8 PM local time.

## Understanding the benefits

$\square \quad$ The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit AetnaMedicare.com or call 1-833-859-6031 (TTY: 711) to view a copy of the EOC.
$\square \quad$ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
$\square \quad$ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
$\square \quad$ Review the formulary to make sure your drugs are covered.

## Understanding important rules

$\square$ Effect on Current Coverage. If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.
You must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
$\square \quad$ Benefits, premiums and/or copayments/co-insurance may change on January 1, 2025.Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you will pay a higher copay for services received by non-contracted providers.
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## Multi－Language Insert Multi－language Interpreter Services

English：We have free interpreter services to answer any questions you may have about our health or drug plan．To get an interpreter，just call us at 1－833－570－6670．Someone who speaks English can help you．This is a free service．

Spanish：Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos．Para hablar con un intérprete，por favor llame al 1－833－570－6670．Alguien que hable español le podrá ayudar．Este es un servicio gratuito．

## Chinese Mandarin：我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑 问。如果您需要此翻译服务，请致电 1－833－570－6670。我们的中文工作人员很乐意帮助您。 这是一项免费服务。

Chinese Cantonese：您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯 服務。如需翻譯服務，請致電 1－833－570－6670。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

Tagalog：Mayroon kaming libreng serbisyo sa pagsasaling－wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot．Upang makakuha ng tagasaling－wika，tawagan lamang kami sa 1－833－570－6670．Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog．Ito ay libreng serbisyo．

French：Nous proposons des services gratuits d＇interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d＇assurance－médicaments．Pour accéder au service d＇interprétation，il vous suffit de nous appeler au 1－833－570－6670．Un interlocuteur parlant Français pourra vous aider．Ce service est gratuit．

Vietnamese：Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men．Nếu quí vị cần thông dịch viên xin gọi 1－833－570－6670．sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị．Đây là dịch vụ miễn phí ．

German：Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits－ und Arzneimittelplan．Unsere Dolmetscher erreichen Sie unter 1－833－570－6670．Man wird Ihnen dort auf Deutsch weiterhelfen．Dieser Service ist kostenlos．

Korean：당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다．통역 서비스를 이용하려면 전화 1－833－570－6670．번으로 문의해 주십시오．한국어를 하는 담 당자가 도와 드릴 것입니다．이 서비스는 무료로 운영됩니다．

Russian：Если у вас возникнут вопросы относительно страхового или медикаментного плана，вы можете воспользоваться нашими бесплатными услугами переводчиков．Чтобы воспользоваться услугами переводчика，позвоните нам по телефону 1－833－570－6670．Вам окажет помощь сотрудник，который говорит по－русски．Данная услуга бесплатная．

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\begin{aligned}
& \text { Arabic } \\
& \text { عليك سوى الاتصال بنا على 6670-570-833-1 ـ سيقوم شخص ما يتحدث العربية بمساعتلك. هذه خدمة مجانية. }
\end{aligned}
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Hindi：हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं．एक दुभाषिया प्राप्त करने के लिए，बस हमें 1－833－570－6670．पर फोन करें．कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है．यह एक मुफ्त सेवा है．

Italian：È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico．Per un interprete，contattare il numero 1－833－570－6670．Un nostro incaricato che parla Italianovi fornirà l＇assistenza necessaria．È un servizio gratuito．

Portuguese：Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação．Para obter um intérprete，contacte－nos através do número 1－833－570－6670．Irá encontrar alguém que fale o idioma Português para o ajudar． Este serviço é gratuito．

French Creole：Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an．Pou jwenn yon entèprèt，jis rele nou nan 1－833－570－6670．Yon moun ki pale Kreyòl kapab ede w．Sa a se yon sèvis ki gratis．

Polish：Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego，który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków．Aby skorzystać z pomocy tłumacza znającego język polski，należy zadzwonić pod numer 1－833－570－6670．Ta usługa jest bezpłatna．

Japanese：当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために，無料の通訳 サービスがありますございます。通訳をご用命になるには，1－833－570－6670．にお電話ください。日本語を話す人 者 が支援いたします。これは無料のサー ビスです。

Hawaiian: He kōkua māhele ‘ōlelo kā mākou i mea e pane 'ia ai kāu mau nīnau e pili ana i kā mākou papahana olakino a lā'au lapa'au paha. I mea e loa'a ai ke kōkua māhele ‘ōlelo, e kelepona mai iā mākou ma 1-833-570-6670. E hiki ana i kekahi mea ‘ōlelo Pelekānia/'Ōlelo ke kōkua iā 'oe. He pōmaika'i manuahi kēia.

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We comply with applicable Federal civil rights laws and do not discriminate on the basis of race，color， national origin，age，disability，or sex and does not exclude people or treat them differently because of race，color，national origin，age，disability，or sex．If you speak a language other than English，free language assistance services are available．Visit our website，call the phone number listed in this material or the phone number on your benefit ID card．

In addition，our health plan provides auxiliary aids and services，free of charge，when necessary，to ensure that people with disabilities have an equal opportunity to communicate effectively with us．Our health plan also provides language assistance services，free of charge，for people with limited English proficiency．If you need these services，visit our website，call the phone number listed in this material or on your benefit ID card．

If you believe that we have failed to provide these services or discriminated in another way on the basis of race，color，national origin，age，disability，or sex，you can file a grievance with our Grievance Department（write to the address listed in your Evidence of Coverage）．You can also file a grievance by phone by calling the Customer Service phone number listed on your benefit ID card（TTY：711）．If you need help filing a grievance，call Customer Service Department at the phone number on your benefit ID card．

You can also file a civil rights complaint with the U．S．Department of Health and Human Services，Office for Civil Rights at https：／／ocrportal．hhs．gov／ocr／cp／complaint frontpage．jsf．

ESPAÑOL（SPANISH）：Si habla un idioma que no sea inglés，se encuentran disponibles servicios gratuitos de asistencia de idiomas．Visite nuestro sitio web o llame al número de teléfono que figura en este documento．

